Schools resources for COVID-19

What is coronavirus?

A coronavirus is a type of virus. As a group, coronaviruses are common across the world. Typical symptoms of coronavirus include high temperature, a new, continuous cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties and a loss of or change to your sense of smell or taste.

Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease. Novel coronavirus (COVID-19) is a new strain of coronavirus first identified in Wuhan City, China.

Guidance for educational settings

This guidance will assist staff in protecting themselves and others from coronavirus (COVID-19) in educational settings. This includes childcare, early years, schools, further and higher education institutions. This guidance will be updated in line with the changing situation. More information is available <u>here</u>.

NHS Resources and videos

- Handwashing for teachers
- Handwashing for children
- <u>Coronavirus factsheet for kids</u>
- PDF coronavirus fact sheet attached

PHE webcasts for all professionals working in educational settings

- Breaking the chain of infection
- Add in additional webcasts when finalised

PHE resources for children

- Youtube videos explaining infections to children:
 - o How can I stop germs?
 - How can a body fight germs?
 - How do germs spread?

Additional Resources

You can find many resources for teaching children about infections and infection control on the <u>ebug</u> <u>website</u>.

- <u>My Hero is you</u>: A book that aims to help children understand and come to terms with COVID-19. This explains how children can protect themselves, their families and friends from coronavirus and how to manage difficult emotions when confronted with a new and rapidly changing reality.
- <u>Coronavirus, a book for children:</u> This book answers key questions in simple language appropriate for 5 to 9 year olds.

- <u>The Stay Home Superheroes</u>: An online ebook about the importance of staying at home and how this is helping to stop the spread of the virus.
- <u>Guide to Coronavirus:</u> PDF explaining what coronavirus is, how to spot the symptoms, how to prevent the spread and manage emotions.

Teaching resources:

- <u>Lesson plans</u>: Ebug has a whole range of fun lesson plans on hand washing and respiratory hygiene for key stage one, two and three.
- <u>Save the World</u>: a family-friendly educational game to help face the Coronavirus pandemic. Players of all ages can become better at social distancing through playing