

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Cottage Pie							C								
Soya Cottage Pie							C								
Dalmation Shortbread		C					C								
Tuesday															
Panko Topped Chicken		C													
Noodles		C		M											
Butternut Squash Bites	C	C					C		C						
Baked Beans															
Chocolate Sponge		C		C			C								
WEDNESDAY															
Cheeseburger		C					C		C				C	C	
Onion Rings		C													
Vegan Chicken Burger		C											C		
THURSDAY															
Roast Pork															C
Apple Sauce															
Gravy															
Vegetable Quiche		C					C								
Muller Yoghurt							C								
FRIDAY															
Fish Fingers		C			C										
Chips															
Fishless Fingers		C													
Fruit Jelly															
DAILY															
Grated Cheese							C								
Baked Beans															
Fruit Pieces															
Yoghurt							C			M	M				

Packed Lunches

[illegible]

Vegetable Bag														
Mini Gingerbread Man		C		C			C					C	C	
Cheese & Biscuit Snack		C		M			C				M			
Orange Juice														
C														
Cheese Wholemeal Roll		C					C					C		
Pear														
Vegetable Bag														
Oatmeal & Raisin Cookie		C		M			C					M		
Strawberry Yoghurt							C							
Water														
D														
Pitta Bread Slices		C												
Houmous Dip									M		C			
Fruit Bag														
Vegetable Bag														
Cheese & Biscuit Snack		C		M			C				M			
Fruit & Raisin Box													C	
Apple Juice														

C= Contains

M= May contain

WEEK 2	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Pork & Apple Sausages		C												C	C
Mash Potato							C								
Gravy															
Linda McCartney Sausages													C		
Dorset Apple Cake		C					C								
Cream							C								
TUESDAY															
Chicken & Ham Pie		C					C								C
Vegetable Pie		C					C								
Custard							C								
WEDNESDAY															
Pork Macaroni Cheese		C					C		C						C
Wholegrain Macaroni		C					C		C						
Garlic Bread		C					M						M		
Shortbread Biscuit		C					C								
THURSDAY															
Roast Chicken															
1/2 Stuffed Pepper	C														
Gravy															
FRIDAY															
Fishwich		C			C										
Chips															
Tomato Sauce	C														
Vegetable Pasta Bake		C					C								
Pear & Cinnamon Crumble		C					C								
Cream							C								
DAILY															
Tuna Mayonnaise				C	C				C						
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Hoi Sin Chicken		C										C	C		
Hoi Sin Vegetables		C										C	C		
Vegetable Rice															
Batman Biscuit		C					C								
TUESDAY															
Pork & Beef Meatballs		C		C										C	C
Tomato Sauce	C														
Wholemeal Fusilli		C													
Swedish Veggie Balls		C		C											
Garlic Bread		C				M							M		
Lemon Drizzle		C		C			C								
WEDNESDAY															
Southern Chicken In Roll	C	C		M			M		M				C		
Quorn Burger		C		C			C								
Coleslaw							C		C						
THURSDAY															
Roast Beef															
Yorkshire Pudding		C		C			C								
Spanish Vegetables															
Gravy															
Cream							C								
FRIDAY															
Fish Fingers		C			C										
Vegetable Finger		C													
Chips															
Mini Pain Aux Raisin		C		M			C			M			M		
DAILY															
Spaghetti Hoops		C													
Grated Cheese							C								
Yoghurt							C			M	M				

WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	Contains Pork
MONDAY															
Beef Lasagne		C		M			c								
Soya Lasagne		C		M			c						C		
Garlic Bread		C					M						M		
Carrot Cake		C		C			C							C	
TUESDAY															
BBQ Ham & Cheese Pizza		C					C								C
Vegetable & Cheese Pizza		C					C								
Strawbery Mousse							C								
WEDNESDAY															
Chicken Fajita		C													
Vegetable Fajita		C													
Baked Beans															
Waffles		C		C			C						C		
Squirty Cream							C								
THURSDAY															
Flaky Sausage Roll		C		C			C							C	C
Rice Stuffed Courgette															
Sliced Potatoes															
Onion Gravy															
FRIDAY															
Fish Nuggets		C			C										
Vegetable Kiev		C					C								
Chips															
Baked Beans															
Oatmeal & Raisin Cookie		C		M			C						M		
DAILY															
Grated Cheese							C								
BBQ Sausage		C												C	
Youghurt							C			M	M				

