

SPRING TERM 2021

LUNCH



WORLD
BOOK
DAY

MENU



Compliant with
SCHOOL FOOD STANDARDS



SCHOOL LUNCH MENU

22 FEBRUARY - 23 APRIL

THERE IS SO MUCH TO
LOOK FORWARD TO THIS
HALF TERM AND SO MANY
NEW DISHES TO TRY.

ST DAVID'S DAY MARCH 1

St David's Day
or the Welsh Feast Day,
we are celebrating with homemade
Glamorgan Sausages and Welsh Cakes.

WORLD BOOK DAY 4TH MARCH

Don't forget World Book Day on
March 4th, your chance to dress
up as your favourite character and
delve into your favourite book and
try Charlie's Chocolate Cake (but
don't worry, we won't serve real
Snazzcumbers. Yuck!)

RED NOSE DAY MARCH 19TH

Enjoy our Red Nose Cookie whilst
supporting Red Nose Day, dress
up, be silly or why not try a
sponsored silence? We bet you
can't stay quiet until Lunchtime?

BRITISH PIE WEEK

If you have missed our
delicious Homity Pie, then
you are in for a treat, it's
back during British Pie week.

ST PATRICK'S DAY MARCH 17

St Patrick's Day, celebrating
all things Irish, is on 17th
March and we hope you will
enjoy our Irish Oaten Biscuits
which are truly scrumptious.

EASTER LUNCH MARCH 31

Our pre-Easter Lunch with Roast
Turkey and Egg-squisite Easter
Nest Cake, enjoy this while
looking forward to the Easter
Holiday's. Yippee!!

FOOD ALLERGIES

It is your responsibility to order a meal your child can
safely eat. To make this as easy as possible for you
we have detailed the five most common allergens
on the menu. These symbols show meals that
'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a
meal choice on the online ordering system. For further
allergen details please refer to the full allergen list at

localfoodlinks.org.uk/allergies

Some side dishes or sauces are optional;
gravy, custard, cheese, mayonnaise, spread
and bread can be omitted to make your selection
allergy compliant.

We will work with you to provide allergen free meals
for children who have medically confirmed food
allergies. To discuss in more detail please contact

barry.dovell@localfoodlinks.org.uk

FREE SCHOOL MEALS

If your child is in KS1 (Reception, Yr1 and Yr2) they
can enjoy a hot school meal for free everyday!

For children in KS2 the price is £2.40 per meal.
Some children in Yr3 or above may be entitled to
free meals if their parents receive financial support.

To find out if you are entitled,
contact your local authority.

SCHOOL

NAME ONE FORM
PER CHILD

CLASS

Total _____ x £2.40

£ _____

Cheques made payable to School

We reserve the right to make changes to the menu if required"

SPRING LUNCH MENU

FULL

MONDAY 22 FEB

- GD** Cheese & Tomato Pizza with Half a Jacket Potato, Peas & Carrots
- GD** Cheese & Bean Burger with Half a Jacket Potato, Peas & Carrots
- D** Jacket Potato with Baked Beans & Grated Cheese
- G** Shortbread or Fresh Fruit

TUESDAY 23 FEB

- GDS** Meatball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
- GDES** Veg Ball Sub with Tomato Sauce, Grated Cheese & Sweetcorn
- Jacket Potato with Ham & Sweetcorn
- G** Flapjack or Fresh Fruit

WEDNESDAY 24 FEB

- Roast Chicken with Roast Potatoes, Carrots, Cabbage & Gravy
- GDE** Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy
- GDS** Cheese Sub Roll with Crudités
- GE** Banana & Date Muffin or Fresh Fruit

THURSDAY 25 FEB

- D** Cottage Pie with Mixed Vegetables
- D** Vegetarian Cottage Pie with Mixed Vegetables
- GD** Jacket Potato with Spaghetti Hoops & Grated Cheese
- GD** Fairtrade Chocolate Crispy Square or Fresh Fruit

FRIDAY 26 FEB

- FG** Battered Fish with Chips, Peas & Tomato Ketchup
- GD** Roasted Vegetable Slice with Chips, Peas & Tomato Ketchup
- GDS** Ham Sub Roll with Crudités
- Strawberry Jelly & Fruit Salad

ST DAVIDS DAY
MONDAY 1 MARCH

- D** Chicken Breast with Creamy Leeks, Half a Baked Potato & Sweetcorn
- GDE** Glamorgan Sausage with Creamy Leeks, Half a Baked Potato & Sweetcorn
- GD** Jacket Potato with Spaghetti Hoops & Grated Cheese
- GDE** Welsh Cakes or Fresh Fruit

TUESDAY 2 MARCH

- GS** Pork & Apple Burger in a Roll with Corn on the Cob & Baked Beans
- GS** Veggie Burger in a Roll with Corn on the Cob & Baked Beans
- D** Jacket Potato with Cheese & Crudités
- GE** Mini Chocolate Brownie & Orange Wedge

WEDNESDAY 3 MARCH

- Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
- GDE** Homity Pie with Mixed Vegetables & Gravy
- GSFE** Tuna Mayo Sub Roll with Mixed Salad
- G** Flapjack or Fresh Fruit

THURSDAY 4 MARCH

- GD** Lasagne with Carrots & Garlic Bread
- GD** Vegetable Lasagne with Carrots & Garlic Bread
- Jacket Potato with Ham & Snozzcumbers
- GE** Charlie's Chocolate Cake or Fresh Fruit

FRIDAY 5 MARCH

- FGD** Fish Fingers with Mashed Potato, Mushy Peas & Tomato Ketchup
- GD** Fishless Fingers with Mashed Potato, Mushy Peas & Tomato Ketchup
- GDS** Cheese Sub Roll with Mixed Salad
- G** Mini Shortbread & Pineapple

MONDAY 8 MARCH

- GD** Mild Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan
- GDE** Quorn Keema Curry with Rice, Vegetable Medley & Mini Naan
- D** Jacket Potato with Baked Beans & Grated Cheese
- GE** Lemon Drizzle Cake or Fresh Fruit

TUESDAY 9 MARCH

- GD** Beef Bolognaise with Pasta, Peas & Grated Cheese
- GD** Vegetable Bolognaise with Pasta, Peas & Grated Cheese
- FE** Jacket Potato with Tuna Mayo and Crudités
- G** Mini Oat Cookie and Melon

WEDNESDAY 10 MARCH

- Roast Turkey with Roast Potatoes, Carrots, Cabbage & Gravy
- GE** Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy
- GS** Ham Sub Roll with Mixed Salad
- G** Chocolate Crispy Square or Fresh Fruit

THURSDAY 11 MARCH

- GD** Pork Sausage with Mashed Potato, Peas & Gravy
- GDE** Quorn Sausage with Mashed Potato, Peas & Gravy
- GDS** Cheese Sub Roll with Crudités
- Fresh Fruit Medley

FRIDAY 12 MARCH

- FG** Breaded Fillet Of Fish with Chips, Sweetcorn & Tomato Ketchup
- GDE** Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup
- Jacket Potato with Ham & Mixed Salad
- GE** Raspberry Cake or Fresh Fruit

MONDAY 15 MARCH

- GD** Cheese & Tomato Pizza with Croquette Potatoes & Peas
- GD** Cheese & Bean Burger with Croquette Potatoes & Peas
- GD** Jacket Potato with Spaghetti Hoops & Grated Cheese
- GE** Carrot Cake or Fresh Fruit

TUESDAY 16 MARCH

- GDS** Meatball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob
- GDES** Veg Ball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob
- FE** Jacket Potato with Tuna & Crudités
- GE** Banana & Date Muffin

WEDNESDAY 17 MARCH

- GDE** Roast Beef with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy
- GDE** Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy
- GS** Ham Sub Roll with Mixed Salad
- G** Irish Oaten Biscuit or Fresh Fruit

THURSDAY 18 MARCH

- GD** Ham Pasta Carbonara with Green Beans
- GD** Macaroni Cheese with Green Beans
- GSFE** Tuna Mayo Sub Roll with Crudités
- Strawberry Jelly & Fruit Salad

FRIDAY 19 MARCH

- FG** Battered Fish with Chips, Peas & Tomato Ketchup
- GD** Leek Slice with Chips, Peas & Tomato Ketchup
- D** Jacket Potato with Cheese & Mixed Salad
- GE** Red Nose Cookie or Fresh Fruit

MONDAY 22 MARCH

- D** Chicken Breast with Creamy Leeks, Half a Baked Potato & Sweetcorn
- GDE** Glamorgan Sausage with Creamy Leeks, Half a Baked Potato & Sweetcorn
- GD** Jacket Potato with Spaghetti Hoops & Grated Cheese
- GDE** Rock Cakes or Fresh Fruit

TUESDAY 23 MARCH

- GS** Pork & Apple Burger in a Roll with Corn on the Cob & Baked Beans
- GS** Veggie Burger in a Roll with Corn on the Cob & Baked Beans
- D** Jacket Potato with Cheese & Crudités
- GE** Mini Chocolate Brownie and Orange Wedge

WEDNESDAY 24 MARCH

- Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy
- GDE** Homity Pie with Mixed Vegetables & Gravy
- GSFE** Tuna Mayo Sub Roll with Mixed Salad
- G** Flapjack or Fresh Fruit

THURSDAY 25 MARCH

- GD** Lasagne with Carrots & Garlic Bread
- GD** Vegetable Lasagne with Carrots & Garlic Bread
- Jacket Potato with Ham & Crudités
- GE** Chocolate Cake or Fresh Fruit

FRIDAY 26 MARCH

- FG** Fish Fingers with Mashed Potato, Mushy Peas & Tomato Ketchup
- G** Fishless Fingers with Mashed Potato, Mushy Peas & Tomato Ketchup
- GDS** Cheese Sub Roll with Mixed Salad
- G** Mini Shortbread & Pineapple

MONDAY 29 MARCH

- GD** Mild Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan
- GDE** Quorn Keema Curry with Rice, Vegetable Medley & Mini Naan
- D** Jacket Potato with Baked Beans & Grated Cheese
- GE** Lemon Drizzle Cake or Fresh Fruit

TUESDAY 30 MARCH

- GD** Beef Bolognaise with Pasta, Peas & Grated Cheese
- GD** Vegetable Bolognaise with Pasta, Peas & Grated Cheese
- FE** Jacket Potato with Tuna Mayo and Crudités
- G** Mini Oat Cookie and Melon

WEDNESDAY 31 MARCH

- Roast Turkey with Roast Potatoes, Carrots, Cabbage & Gravy
- GE** Vegetable Loaf with Roast Potatoes, Carrots, Cabbage & Gravy
- GS** Ham Sub Roll with Mixed Salad
- GD** Easter Nest Cake or Fresh Fruit

THURSDAY 01 APRIL

- GD** Pork Sausage with Mashed Potato, Peas & Gravy
- GDE** Quorn Sausage with Mashed Potato, Peas & Gravy
- GDS** Cheese Sub Roll with Crudités
- Fresh Fruit Medley

FRIDAY 02 APRIL

- FG** Breaded Fillet Of Fish with Chips, Sweetcorn & Tomato Ketchup
- GDE** Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup
- Jacket Potato with Ham & Mixed Salad
- GE** Raspberry Cake or Fresh Fruit

MONDAY 19 APRIL

- GD** Cheese & Tomato Pizza with Croquette Potatoes & Peas
- GD** Cheese & Bean Burger with Croquette Potatoes & Peas
- GD** Jacket Potato with Spaghetti Hoops & Grated Cheese
- GE** Carrot Cake or Fresh Fruit

TUESDAY 20 APRIL

- GDS** Meatball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob
- GDES** Veg Ball Sub with Tomato Sauce, Grated Cheese & Corn on the Cob
- FE** Jacket Potato with Tuna & Crudités
- GE** Banana & Date Muffin

WEDNESDAY 21 APRIL

- GDE** Roast Beef with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy
- GDE** Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Carrot Mash, Peas & Gravy
- GS** Ham Sub Roll with Mixed Salad
- G** Oat Cookie or Fresh Fruit

THURSDAY 22 APRIL

- GD** Ham Pasta Carbonara with Green Beans
- GD** Macaroni Cheese with Green Beans
- GSFE** Tuna Mayo Sub Roll with Crudités
- Strawberry Jelly & Fruit Salad

FRIDAY 23 APRIL

- FG** Battered Fish with Chips, Peas & Tomato Ketchup
- GD** Leek Slice with Chips, Peas & Tomato Ketchup
- D** Jacket Potato with Coronation Chicken & Mixed Salad
- GE** Victoria Sponge Cake or Fresh Fruit

Did you order Week 1 last half term?

MONDAY 22 FEB

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

MONDAY 1 MARCH

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

MONDAY 8 MARCH

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

MONDAY 15 MARCH

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

MONDAY 22 MARCH

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

MONDAY 29 MARCH

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

ORDER FOR THE 1ST WEEK OF NEXT TERM HERE

MONDAY 19 APRIL

	M	T	W	T	F
MEAT					
VEG					
OTHER					
TOTAL					

When ordering online, keep scrolling forward until you reach the dates for the first week back.

CONTAINS ALLERGENS

G Gluten

D Dairy

E Egg

S Soya

F Fish

FULL

See overleaf or online for more information on food allergies

SPRING

SCHOOL LUNCH MENU

22 FEBRUARY - 23 APRIL

SCHOOL

NAME ONE FORM
PER CHILD

CLASS

Total _____ x £2.40

£ _____

Cheques made payable to School

HOW TO ORDER

The easiest way to order meals is online at
my.localfoodlinks.org.uk



Meals need to be ordered (or amended)
7 days in advance.

Why not order for the whole half term?
You can log back in and make changes
if you need to.

The system is easy to use but if you have
any problems you can talk to the team on
01308 420269



Selected schools may accept paper orders
via the school office, please check with your
school for ordering deadlines.



www.localfoodlinks.org.uk