

## Menu Week 1— 4th Sept, 2nd Oct, 30th Oct &amp; 27th Nov 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mild Chicken Curry with Rice	Fantastic Paddington Bear Marmalade Orange Pork Sausage with Mashed Potato	Breaded Chicken Nuggets With New Potatoes	Roast Beef, Yorkshire Pudding, Roast Potatoes & Gravy	Fish Fingers with Chips
Vegetarian	Mild Vegetable Curry With Rice	Cauliflower Cheese Sausages With Mashed Potato	Vegetable Nuggets Served With New Potatoes	Vegetable Tart, Yorkshire Pudding, Roast Potatoes & Gravy	Mozzarella Sticks With Chips
Salad	Chapatti	Peas & Gravy	Carrots	Sweetcorn & Peas	Baked Beans
Baked Potato	Grated Cheese Baked Beans or Tuna Mayonnaise	Grated Cheese Baked Beans or Tuna Mayonnaise	Grated Cheese Baked Beans or Tuna Mayonnaise	Grated Cheese Baked Beans or Tuna Mayonnaise	Grated Cheese Baked Beans or Tuna Mayonnaise
Sweet	Shortbread Man	Blueberry Pancakes served with Maple Syrup & Fruit	Fruit Salad	Angel Delight	Jam Sponge & Custard
Sweet Alternative	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination

## Menu Week 2—11th Sept, 9th Oct, 6th Nov &amp; 4th Dec 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Spaghetti Beef Meat Balls	Spring Rolls with Vegetable Rice and a Sweet Chilli Sauce	Focaccia Bread Cheese & Ham Pizza	Roast Chicken with Roast Potatoes & Gravy	Popcorn Fish Bites with Corn on the Cob & Chips
Vegetarian	Spaghetti Swedish Meatballs	Vegetable Spring Rolls with Vegetable Rice with a Sweet Chilli Sauce	Focaccia Bread Cheese & Tomato Pizza	Quorn Creamy Garlic & Mushroom Breaded Escalope	Wallace & Gromit Pasta Shapes with Tomato & Basil Sauce with a Ciabatta Slice
Salad	Dough Balls	Prawn Crackers	Side Salad	Carrots & Green Beans	Baked Beans
Baked Potato	Grated Cheese Baked Beans or Egg Mayonnaise	Grated Cheese Baked Beans or Egg Mayonnaise	Grated Cheese Baked Beans or Egg Mayonnaise	Grated Cheese Baked Beans or Egg Mayonnaise	Grated Cheese Baked Beans or Egg Mayonnaise
Sweet	Star Wars Gingerbread Biscuit	Chocolate & Banana Cake	Sticky Toffee Pudding with Toffee Sauce	Fruit Salad	Apple & Sultana Crumble with Custard or Cream
Sweet Alternative	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination

## Menu Week 3—18th Sept, 16th Oct, 13th Nov &amp; 11th Dec 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cottage Pie	3 Cheese Macaroni with Bacon & Garlic Bread	Fantastic Sticky Toffee Apple Burger with Cubed Potatoes	Honey Roast Ham with Roast Potatoes & Gravy	Fish Stars Served with Chips
Vegetarian	Soya Cottage Pie	Macaroni Cheese with Garlic Bread	Vegetable, Mozzarella & Pesto Burger with Cubed Potatoes	Vegetable Peppered Steak Style Pie	Glamorgan Style Veggie Sausages with Chips
Salad	Broccoli	Side Salad	Corn on the Cob	Broccoli & Sweetcorn	Baked Beans
Baked Potato	Cheese, Spaghetti Hoops Tuna Mayo & Salad	Cheese, Coronation Chicken or Tuna Mayo & Salad	Cheese, Coronation Chicken or Tuna Mayo & Salad	Cheese, Coronation Chicken or Tuna Mayo & Salad	Cheese, Coronation Chicken or Tuna Mayo & Salad
Sweet	Chocolate Crispi	Banana & Custard	Homemade Carrot Cake	Fruit Salad	Waffles with Fruit Pieces & Squirry Cream
Sweet Alternative	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination

## Menu Week 4—25th Sept &amp; 20th Nov 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef & Vegetable Casserole with Dumplings	Fantastic Traditional Pasty Served with a Tomato Sauce & Wedges	Sweet & Sour Chicken with Brown & White Rice	Roast Pork with Stuffing Balls, Roast Potatoes, Carrots & Gravy	Breaded Cod Fillets with Chips
Vegetarian	Vegetable Casserole with Dumplings	Vegetable Country Tart	Sweet & Sour Vegetables with Brown & White Rice	Vegetable Schnitzel with Stuffing Balls, Roast Potatoes, Carrots & Gravy	Cauliflower Cheese with Garlic Bread Only
Salad	New Potatoes	Sweetcorn	Prawn Crackers	Beans	Peas
Baked Potato	Marie Rose Sausage Cheese or Baked Beans & Salad	Marie Rose Sausage Cheese or Baked Beans & Salad	Marie Rose Sausage Cheese or Baked Beans & Salad	Marie Rose Sausage Cheese or Baked Beans & Salad	Marie Rose Sausage Cheese or Baked Beans & Salad
Sweet	Strawberry Cake	Fruit Cheesecake	Warm Lemon Sponge with Custard	Fruit Salad	Yoghurt with Granola Crunch
Sweet Alternative	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination	Fruit Pieces or Yoghurt or Combination