

Menu Week 1 — 7th Jan, 4th Feb, 25th Feb and 25th Mar 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken Lasagne with Side Salad	Mild Chilli with Rice	Sticky BBQ Marinated Chicken Strips with Sweet Potato Fries	Roast Pork with Roast Potatoes Stuffing Balls & Gravy	Fish Fingers with Chips
Vegetarian	Soya Lasagne with Side Salad	Mild Soya Chilli Con Carne with Rice	Quorn Southern Style Burger with Sweet Potato Fries	Stuffed Courgette with Roast Potatoes Stuffing Balls & Gravy	Fishless Fingers with Chips
Side Dish	Garlic Bread	Grated Cheese & Nachos	Sweetcorn	Carrot & Broccoli	Baked Beans
Baked Potato	Grated Cheese Tuna Mayonnaise or Spaghetti Hoops	Grated Cheese Tuna Mayonnaise or Spaghetti Hoops	Grated Cheese Tuna Mayonnaise or Spaghetti Hoops	Grated Cheese Tuna Mayonnaise or Spaghetti Hoops	Grated Cheese Tuna Mayonnaise or Spaghetti Hoops
Sweet	Marshmallow Cone	Pineapple Sponge Cake with Custard	Milk Chocolate Cookie	Fresh Fruit Salad	Fruit Crumble with Cream
Sweet Alternative	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt

Menu Week 2 — 14th Jan, 11th Feb, 4th Mar and 1st April 2019

	Mon	Tuesday	Wednesday	Thursday	Friday
Main	Cheesy Topped Shell Pasta Bolognese	Jamie Oliver's NYC Style Pizza with Corn on the Cob	Fantastic Cheeseburger with Onion Rings	Honey Roast Ham with Roast Potatoes	Breaded Cod Fillet
Vegetarian	Cheesy Topped Shell Pasta Soya Bolognese	Pizza Margherita With Corn on Cob	Falafel Burger with Onion Rings	Macaroni Cheese with Garlic Bread Only	Wallace & Gromit Pasta Shaped in a Tomato Sauce with Garlic Dough Balls
Side Dish	Focaccia Bread	Italian Salad	Potato Wedges & Salad	Peas & Cauliflower	Chips & Peas
Jacket Potato Filling	Baked Beans, Coleslaw or Grated Cheese	Baked Beans, Coleslaw or Grated Cheese	Baked Beans, Coleslaw or Grated Cheese	Baked Beans, Coleslaw or Grated Cheese	Baked Beans, Coleslaw or Grated Cheese
Sweet	Strawberry Mousse	Warm Orange & Cinnamon Sponge Cake	Ambrosia Custard Pots	Fresh Fruit Salad	Apple Pie with Custard
Alternative Sweet	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt

Menu Week 3 — 21st Jan and 11th Mar 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Street Food Sweet & Sour Chinese Chicken with Rice	Fantastic Sausages with Mashed Potatoes & Gravy	Fantastic Traditional Pasty With Sliced Potatoes	Roast Chicken Wrapped in Bacon with Roast Potatoes & Gravy	Fish Fingers with Chips
Vegetarian	Street Food Sweet & Sour Chinese Vegetables with Rice	Vegetarian Breakfast Style Sausages	Vegetable Pasty With Sliced Potatoes	Vegetable Tart with Roast Potatoes & Gravy	Southern Style Quorn Bites with Chips
Side Dish	Prawn Crackers	Peas	Baked Beans	Peas & Sweetcorn	Baked Beans
Baked Potato	Grated Cheese Or Spaghetti Hoops	Grated Cheese or BBQ Sausages or Spaghetti Hoops	Grated Cheese or BBQ Sausages or Spaghetti Hoops	Grated Cheese or BBQ Sausages or Spaghetti Hoops	Grated Cheese or BBQ Sausages or Spaghetti Hoops
Sweet	Star Wars Biscuit	Swiss Roll	Muller Corner Yoghurt	Fresh Fruit Salad	Mini Ring Doughnuts with Squirty Cream
Sweet Alternative	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt

Menu Week 4 — 28th Jan and 18th Mar 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meat Feast Tomato & Pesto Pasta	Chicken Fajitas in a Wholemeal Tortilla Wrap	Fantastic Hot Dog with Ketchup & Chips	Roast Beef, Yorkshire Pudding, Roast Potatoes & Gravy	Breaded Cod Goujons with Chips & Tomato Ketchup Dip
Vegetarian	Vegetable Tomato & Pesto Pasta	Vegetable Fajitas in a Wholemeal Tortilla Wrap	Vegetable Hot Dog with Ketchup & Chips	Warmed Homemade Cheese & Tomato Quiche	Falafel Bites with Chips, Tomato Ketchup Dip
Side Dish	Roasted Mix Vegetables	Dough Balls & Salad	Corn On The Cob	Carrots & Beans	Peas & Sweetcorn
Baked Potato	Grated Cheese or Tuna Mayonnaise	Grated Cheese or Tuna Mayonnaise and Sweetcorn & Green Bean	Grated Cheese or Tuna Mayonnaise and Sweetcorn & Green Bean	Grated Cheese or Tuna Mayonnaise and Sweetcorn & Green Bean	Grated Cheese or Tuna Mayonnaise and Sweetcorn & Green Bean
Sweet	Chocolate Brownie	Fruit Jelly Trifle	Apple Crumble with Custard	Fresh Fruit Salad	Waffles with Squirty Cream & Chocolate Vermicelli
Sweet Alternative	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt	Fruit Pieces and/or Yoghurt



WEYCO KITCHEN HOT SCHOOL MEALS



The School lunch menu and order form for the Spring 2019 Term are attached.
If you would like your child to have school lunches please complete the order form enclosed and hand it into the school office by

7th Dec 2018

WEYCO SERVICES AT WEYMOUTH COLLEGE ARE OUR PROVIDER FOR SCHOOL LUNCHES. MEALS ARE ORDERED A WEEK IN ADVANCE AND ARE DELIVERED EVERY DAY. PLEASE RETAIN THIS MENU FOR ORDERING PURPOSES

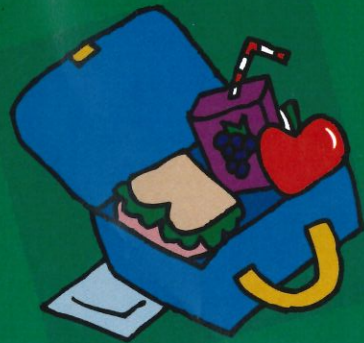
1. Please note that we use low fat, low/reduced sugar, low salt ingredients where possible including items such as custard, mayonnaise & baked beans etc
2. We use local butchers, fruit/vegetable, bakers & dairy within the Dorset area.
3. Many items on the menu include high quantities of items such as chick pea, lentils, fresh vegetables that are not be visible on the menu.
4. Whilst we try our hardest to be as accurate with allergens information as possible we cannot guarantee to 100%
5. If your child has any allergies or dietary requirements please contact the School Office.

FREE School Lunches - If your child is in Reception, Year 1 and Year 2, school lunches are FREE. If your child is in Year 3 - 6 they may be entitled to free school lunches if you are in receipt of certain benefits. Please contact Dorset Direct on 01305 221000 for more information or go online to <https://www.dorsetforyou.com/free-school-meals>

**School Holiday Activities
@Weymouth College
Sports Centre
For 6 to 12 Year Olds
Just £12.00 per day
if you book in advance
Call now on 01305 208713**

St Augustine's Primary School, Hardy Avenue, Weymouth Dorset DT4 ORH
Tel: 01305 782600 Email: office@staugustines.dorset.sch.uk

FRUITY FRIENDS LUNCH BOX MENU



Alphie Lunch

Sliced Ham in a
Brown Roll
Banana
Capri Sun
Baby Bell Cheese
Jelly Pot

Bertie Lunch

Pitta Bread pieces
with a Tuna
Mayonnaise Dip
Satsuma
Flavoured Water
Football Biscuit
Fromage Fraise

Charlie Lunch

Grated Cheese in
a White Roll
Apple
Water
Milk Chocolate
Cookie
Strawberry
Yoghurt

Dannie Lunch

Low Sugar
Strawberry Jam
Wrap
Fruit Pieces
Apple Juice
Malt Loaf
Popcorn

School Trips - If your child is due to go on a school trip, any meals ordered will be changed to a packed lunch of your child's choice.



Roald Dahl

Theme Day Menu

World Book Day Thursday 7th March



Mudburgers with Onion Rings & Revolting Relish served
with Tummyticklers Sweet Potato Fingers & Salad

Based on the story of James & The Giant Peach & The Giraffe and the Pelly
and me. Basically a Beef Burger lump (not flattened) with a little French
Mustard, Worcester Sauce, Capers etc

Or

Doc Spencer's Veggie Pie, Onion Rings, Revolting
Relish served with Tummyticklers
Sweet Potato Fingers & Salad

Based on the story of Danny The Champion of The World.
Although the true recipe is with Ham it suits the vegetarian purpose.
It's a Filo Pastry Vegetable Filled Roll

Or

Jacket Potato with Stink Bug Eggs

Based on the James & The Giant Peach Book it's a Jacket
Potato with a Mixture Beans & Baked Beans

Sweet

A Plate of Soil with Engine Oil

Basically it's a Chocolate Sponge that sits on Chocolate Sauce & Cream

**Cost - Meals are priced at £2.30.
Orders should be returned to
the school office.**

**Pay online via your
child's Parentmail account.**

If your child is absent the money
cannot be refunded for meals
that have already been booked, as
the school will be charged.
Please contact the school office
for any changes .

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