	1													Ш
WEEK 4	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESEME	SOYA	SULPHUR DIOXIDE
MONDAY														
Beef & vegetable casserole	Х	Х												
Dumplings		Х												
Vegetable casserole	Х	Х												
Strawberry cake		Х		Х			х						х	Х
TUESDAY														
Pasty		Х					Х							
vegetable country tart	Х	Х		Х			Х							
fruit cheesecake		Х		Х			Х						х	
WEDNESDAY	_													
Sweet & Sour Chicken							Х					Х		
Brown & white Rice														
Sweet & Sour Vegetables	Х						Х					Х		
prawn crackers	Х	Х	Х		Х		Х				Х	Х		
Lemon Sponge		Х		Х			Х						Х	
THURSDAY	_						- 1				1			
Roast Pork		Х												
Vegetable Schnizel		Х							Х				Х	
Fruit Salad														
FRIDAY														
FRIDAY														
Breaded Cod fillets		X		.,	Х		.,							
cauliflower cheese		Х		Х			Х							Х
garlic bread		X					Х						Х	
Yoghurt with granola		Х					Х							
DAILY														
POTATOES														
Marie Rose sausage		Х		х					Х					х
SIDE SALAD				^					^					^
Grated cheese							Х							
baked beans														
FRUIT PIECES														
YOGHURT							х							
	-													